GENERAL:

Try FATTY FOODS like peanut butter or chocolate to COAT YOUR TASTEBUDS!

Try COLD TREATS like ice-cream or popsicles to FREEZE YOUR TASTEBUDS!

Try STRONG FLAVOURS like cheese or raspberry jam after medication!

FOR PARENTS:

ASK YOUR PHARMACIST:
- Are there certain foods or drinks that should be avoided?
- Should the medication be stored in the fridge?
- Can the medication be crushed or chewed?
- Can the medication be mixed with food or drinks?
- Can natural health products and non-prescription drugs be taken with the medication?

LOCK UP:
As a parent, you should keep medication out of the reach of children.

WARNING:
Avoid mixing medication with essential foods or drinks like breastmilk, as this may create an aversion in young children.

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MAKING MEDICATION TASTE BETTER

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